Social Networking Post Suggestions for Sexual Assault Awareness Month

**April 1**
It’s time… to kick of Sexual Assault Awareness Month! Visit [www.ndvsac.org](http://www.ndvsac.org) for more information.

**April 2**
Sexual Assault is ANY time ANYone does ANYthing of a sexual nature without the EXPRESSED CONSENT of all involved. Visit [www.ndvsac.org](http://www.ndvsac.org) for more information.

**April 3**
This year’s SAAM theme: It’s time… to get involved. Visit [www.ndvsac.org](http://www.ndvsac.org) or [www.nsvrc.org](http://www.nsvrc.org) for more information.

**April 4**
About 85 - 90% of sexual assaults reported by college women are perpetrated by someone known to the victim. Visit [www.ndvsac.org](http://www.ndvsac.org) for more information.

**April 5**
Today is Sexual Assault Awareness Month’s Day of Action. Get involved. End violence. Visit [www.ndvsac.org](http://www.ndvsac.org) for more information.

**April 6**
Planning a Sexual Assault Awareness Month event? Visit [www.ndvsac.org](http://www.ndvsac.org) for event ideas.

**April 7**
Someone is raped every 127 seconds — about one every two minutes. Learn more at [www.ndvsac.org](http://www.ndvsac.org)

**April 8**
Silence is NOT acceptance. Gain consent every time. Visit [www.ndvsac.org](http://www.ndvsac.org) for more information.
April 9
Challenge: Print the sexual assault awareness month posters on [www.ndvsac.org](http://www.ndvsac.org) to put up in your community: school, library, stores, etc. Ask permission first!

April 10
Visit [www.ndvsac.org](http://www.ndvsac.org) for a calendar of Sexual Assault Awareness Month events happening in Nebraska.

April 11
In the United States, one in three adolescent girls is a victim of physical, emotional, or verbal abuse from a dating partner. Visit [www.ndvsac.org](http://www.ndvsac.org) for more information.

April 12
45% of teen girls know a friend or peer who has been pressured into either intercourse or oral sex. Visit [www.ndvsac.org](http://www.ndvsac.org) for more information.

April 13
Sexual assault is any forced, manipulated or coerced sexual contact. Visit [www.ndvsac.org](http://www.ndvsac.org) to learn more.

April 14
Only 33% of teens who were in an abusive relationship ever told anyone about the abuse. Your local DV/SA program can help. Find one at [www.ndvsac.org](http://www.ndvsac.org)

April 15
Create a PSA that focuses on prevention and/or awareness of sexual violence. Ask school, radio & newspapers if they'll donate time/space. Visit [www.ndvsac.org](http://www.ndvsac.org) for more ideas.

April 16
Most sexual assaults are never reported to the police. Learn more at [www.ndvsac.org](http://www.ndvsac.org)
April 17
Step up and speak out if you think something is violent and abusive. Learn how at www.ndvsac.org

April 18
“NO” means “NO.” Don’t read other meanings into it. If you feel your date is hesitant or giving you “mixed messages” - STOP and talk. Visit www.ndvsac.org to learn more.

April 19
It is estimated that 1 in 33 of all males are sexually assaulted at some point in their lives. Visit www.ndvsac.org to learn more.

April 20
When it comes to sex ASK first. LISTEN. RESPECT the answer. Visit www.ndvsac.org to learn more.

April 21
16-24 year old females are more vulnerable to intimate partner violence than any other age group – at a rate almost triple the national average. Learn more at www.ndvsac.org

April 22
Challenge: Supply your school with brochures on sexual violence! Visit www.ndvsac.org to find your local DV/SA Program. Ask about brochures and services they provide.

April 23
Sexual assault is preventable. Give Respect. Gain Consent. Every Time. Learn more at www.ndvsac.org

April 24
Sexual Assault is serious. Know it. Name it. Do something about it. Visit www.ndvsac.org to learn more.
April 25
Be the Change. Step Up Speak out and treat men and women with respect. Visit www.ndvsac.org for more information.

April 26
Learn the facts about sexual violence. Step Up and Speak Out against it at www.ndvsac.org

April 27
Challenge: Invite someone from your local DV/SA program to speak at your next club meeting or team practice. Find a program at www.ndvsac.org

April 28
You have the right to set healthy boundaries in every relationship. Visit www.ndvsac.org to learn more.

April 29
Sexual assault is about power and control. Get the facts at www.ndvsac.org

April 30
Nebraska's network of domestic violence and sexual assault agencies provide access to safety and shelter across our entire state. Find a program at www.ndvsac.org
Where we got our info

1. NDVSAC original
2. NDVSAC original
5. NDVSAC original
6. NDVSAC original
8. NDVSAC original
9. NDVSAC original
10. NDVSAC original
13. NDVSAC original
15. NDVSAC original
17. NDVSAC original
18. NDVSAC original

20. NDVSAC original

http://bjs.ojp.usdoj.gov/content/intimate/ipv.cfm

22. NDVSAC original

23. NDVSAC original

24. NDVSAC original

25. NDVSAC original

26. NDVSAC original

27. NDVSAC original

28. NDVSAC original

29. NDVSAC original

30. NDVSAC original